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**Dr. Archelle Georgiou to speak at [Healthy Life Expo](#)  
Minneapolis Convention Center, February 4-5, 2017**

Minneapolis, Minnesota--Dr. Archelle Georgiou, author of "Healthcare Choices: 5 Steps to Getting the Medical Care You Want and Need", will speak at the Healthy Life Expo February 4-5 at the Minneapolis Convention Center. Georgiou, who teaches anatomy and physiology to MBA students at the University of Minnesota, serves as a healthcare advisor to major companies across the U.S. She has appeared on Fox Business News, CNN, Good Morning America, and "Katie's Take" with Katie Couric. She will appear on one of three speakers' stages and sell and sign her consumer-focused book at the Expo.

The two-day expo includes demonstrations in preparing healthy meals at home or on the go, Women's & Men's health, yoga, dancing, trainers, martial arts, in-home fitness equipment and more. Up to 200 exhibitors participate to showcase their products and services. MediaMAX Events & Expos, which produces the Healthy Life Expo, says this is the largest health expo it has put on, and expects more than 8,000 people to attend.

Local radio and TV personalities will be on hand, and the Back Road Kickers will give dance lessons. Free goodie bags will be given to the first 100 people in line each day. Admission is \$6 at the door, or free with a non-perishable food donation to Prism Food Shelf, which serves more than 5,000 residents in Golden Valley, Robbinsdale, New Hope, Crystal and Plymouth. The Healthy Life Expo runs from 10 a.m. to 5 p.m. each day.

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TAGS: Healthy Life Expo, Minneapolis Convention Center, Dr. Archelle Georgiou, Healthcare Choices, paleo foods, ketogenic foods, martial arts, yoga, in-home fitness, dance lessons, Prism Food Shelf